

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
1 10:00 Worship (C) Coffee, Chat, & Reminiscing Puzzles & Tea (Lounge) Evening Exercise Group	2 10:00 Bible Study (C) 10:30 Parachute (AR) Let's Get Craftin: Shamrock Bouquet Craft Kit Evening Cooking Group: Mini Pizza Crescent Rolls	3 Coffee, Chat, & Reminiscing Bowling 3:00 Pet Therapy Visits with Ed (all WLH units) Balloon Volleyball	4 9:30 Catholic Prayer Service & Communion (C) Helping Hands Spa & Relaxation Hour Adult Coloring	5 10:00 Hymn & Devotions (C) 10:30 Chair Yoga & Exercises with Bev (AR) 2:30 Music Performance by the "Odd Couple" Duo (AR) Noodle Ball	6 Coffee, Chat, & Reminiscing 2:00 Music Performance by Sister Janet (Lounge) Puzzles & Tea (Lounge) Resident Card/Dice Game of Choice (Lounge)	7 Coffee, Chat, & Reminiscing 2:00 Bingo (AR) 3:00 Music Performance by Aisa (Lounge) Balloon Volleyball	
8 10:00 Worship (C) Coffee, Chat, & Reminiscing Afternoon Matinee Evening Exercise Group <small>Daylight Saving Time Begins</small>	9 10:00 Bible Study (C) Coffee, Chat, & Reminiscing Let's Get Craftin: Magic Color Scratch Shamrocks Noodle Ball <small>Purim Begins</small>	10 Coffee, Chat, & Reminiscing 1:00 Sensory Hour & Harp Visits with Jill 3:00 Pet Therapy Visits with Ed (all WLH units) Balloon Volleyball	11 9:30 Catholic Mass (C) 10:30 Community Outing: The Dollar Tree** 1:00 "Roll Your Gold" Activity (WLH Front Entrance/Lobby) Adult Coloring	12 10:00 Hymn & Devotions (C) 10:30 Cooking Group: Leprechaun Snack Mix Helping Hands Noodle Ball	13 Brain Fitness 2:00 St. Patrick's Day Music Performance by Gerry S. with Minty Shamrock Shakes (AR) Resident Card/Dice Game of Choice (Lounge)	14 Coffee, Chat, & Reminiscing 2:00 Bingo (AR) Balloon Volleyball	
15 10:00 Worship (C) Coffee, Chat, & Reminiscing Puzzles & Tea (Lounge) Evening Exercise Group	16 10:00 Bible Study (C) Coffee, Chat, & Reminiscing Let's Get Craftin: Beaded St. Patrick's Day Necklaces 6:00 Violin Performance by Kimberly (Lounge)	17 Coffee, Chat, & Reminiscing 1:30 St. Patrick's Day Root Beer Float Social 3:00 Pet Therapy Visits with Ed (all WLH units) Balloon Volleyball <small>St. Patrick's Day</small>	18 9:30 Catholic Prayer Service & Communion (C) 10:30 Scenic (Almost) Spring Van Ride** 1:30 West De Pere Middle School Students Acapella Group Music Performance (Chapel) Adult Coloring	19 10:00 Hymn & Devotions (C) 10:30 Chair Yoga & Exercises with Bev (AR) Spa & Relaxation Hour Noodle Ball <small>Spring Begins</small>	20 10:30 Helping Hands (AR) 2:00 Music Performance by Sister Janet (Lounge) Puzzles & Tea (Lounge) Resident Card/Dice Game of Choice (Lounge)	21 Coffee, Chat, & Reminiscing 2:00 Bingo (AR) 3:00 Music Performance by Aisa (AR) Balloon Volleyball	
22 10:00 Worship (C) Coffee, Chat, & Reminiscing Afternoon Matinee Evening Exercise Group	23 10:00 Bible Study (C) 10:30 Adult Coloring & Relaxation Hour (AR) Let's Get Craftin: Flower Holder Craft Kit Noodle Ball	24 Coffee, Chat, & Reminiscing Shake Loose a Memory Game 3:00 Pet Therapy Visits with Ed (all WLH units) Balloon Volleyball	25 9:30 Catholic Prayer Service & Communion (C) 10:30 Community Outing: Kroll's East Restaurant Spa & Relaxation Hour Adult Coloring	26 10:00 Hymn & Devotions (C) 10:30 Baking Group: Caramel Popcorn 2:00 Monthly Birthday Party with Music Performance by Jeff G. (AR) Noodle Ball	27 Brain Fitness 1:30 Balloon Volleyball (AR) 3:30 Happy Hour (AR) Resident Card/Dice Game of Choice (Lounge)	28 Coffee, Chat, & Reminiscing 2:00 Bingo (AR) Balloon Volleyball	
29 10:00 Worship (C) Coffee, Chat, & Reminiscing Puzzles & Tea (Lounge) Evening Exercise Group	30 10:00 Bible Study (C) 10:30 Tai Chi Class with Instructor Eric (AR) Let's Get Craftin: Adult Coloring Evening Cooking Group: Pigs in a Blanket	31 Coffee, Chat, & Reminiscing 10:00 Norman Rockwell Presentation (C) 3:00 Pet Therapy Visits with Ed (all WLH units) Balloon Volleyball					Activity Locations: AR (Activity Room), C (Chapel), and Lounge (Lounge Area).
Please Note: Programs are subject to change based on the residents' daily preferences; **All outings have limited seating—please sign up for any outings at the beginning of the month with any Life Enrichment Staff Member.							Color Guide: <i>Chapel Service</i> <i>Morning Activity</i> <i>Afternoon Activity</i> <i>Evening Activity</i>