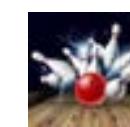
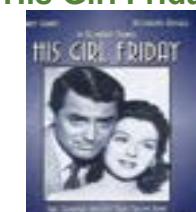


MANOR ACTIVITY CALENDAR

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					 <p>Marge K. - 02/04 Leona Y.- 02/12 Thomas M.- 02/17 Karen K.- 02/20 Dorothy M.-02/20 Vivian D.- 02/24 Alice H.- 02/26</p>	
<p>1 10a: Worship Service with Pastor Steve Channel: 955 Chapel</p> <p></p> <p>11a: Polka, Polka, Polka Channel: CW14</p> <p></p>	<p>2 HyVee Order 9a-11a: Manicures & Men's Nail Care- M3</p> <p>1p: Drums- M3 1:30p: Hymn Singalong- M3</p> <p>2p: Bible Study with Pastor Steve- M3</p> <p>2:30-3:30p: Sign-Up- M3 Groundhog Program- Dawn</p> <p></p>	<p>3 9a: Rosary with Bob- M2 9:15a: Sheepshead with Bob- M3 9:30a: Library Club-M2 10:15a: Resident Choice: Game -M1</p> <p>1:30p: Chair Yoga with LE- M2</p> <p>2p-3p: True North Home School Performance- M2DR</p> <p></p> <p>5:30p: Frustration while enjoying a piece of Carrot cake- M2</p>	<p>4 9a: Rosary in the Chapel 9:30a: Catholic Mass in the Chapel 10:15a: Sign-Up (12 spots): Valentines Day Tied Pillow -M2</p> <p></p> <p>1p: Sit N' Be Fit- M2</p> <p>2p: BINGO! – M2DR</p> <p></p>	<p>5 9a: Sheepshead with Bob- M3 9:30a: Hot Chocolate & Nutella snack Social -M3 10a: Devotions with Pastor Steve Channel: 955/Chapel</p> <p>10:15a: Brain Game: Sports - M3</p> <p>1p: Easy Stretches with LE- M3</p> <p>2-3p: Sign-up- M3 Super Bowl Party!</p> <p></p> <p>5:30p: Putt-putt golf - M2</p>	<p>6 9:30a: REMIND: Whatever happened to Fred Dryer, Former NFL Player- M3 10:15a: Bowling League – M3</p> <p></p> <p>1:30p: Sit N' Be Fit – M3</p> <p>2p: Happy Hour!! – M3</p> <p></p> <p>Winter Olympics Starts</p> <p></p>	<p>7 9a: Sheepshead with Bob M3</p> <p>9:15a: Exercise w/ LE- M2</p> <p>10a: Resident Choice: Games - M2</p> <p>5p: Resident choice</p> <p></p>
<p>8 10a: Worship Service with Pastor Steve Channel: 955 Chapel</p> <p></p> <p>11a: Polka, Polka, Polka Channel: CW14</p> <p></p>	<p>9 9a-11a: Valentine's Day Manicures & Men's Nail Care- M3 (Pink or Red nails get you entered in a raffle) 1p: Drums- M3 1:30p: Hymn Singalong- M3 2p: Bible Study with Pastor Steve- M3</p> <p>2:30-3:30p: M3</p> <p></p>	<p>10 9a: Rosary with Bob- M2 9:15a: Sheepshead with Bob- M3 9:30a: Walking Club -M1 10:15a: Valentines Day Scattergories -M1 1:30p: Valentines Day stretches with LE- M2</p> <p>2:30-3:30p: M3 Resident Auction with Bob</p> <p>6-7p: Paige & Pat- Light Acoustic Music - M2</p> <p></p>	<p>11 9a: Rosary in the Chapel 9:30a: Catholic Mass in the Chapel 10:15a: Valentines Day Craft -M3</p> <p>1p: Sit N' Be Fit- M2</p> <p>2p: BINGO! – M2DR</p> <p></p>	<p>12 9a: Sheepshead with Bob- M3 9:30a: Tea & Conversations - M3 10a: Devotions with Pastor Steve Channel: 955/Chapel</p> <p>10:15a: Valentines Candy Heart Pass - M3</p> <p>11:30-1p: Sign-Up- M3 Valentines Day Pizza Party!</p> <p>3:15-4:15 p: Valentines with Parkview Middle School-M3</p> <p>5:30p: Olympics Ring toss- M2</p>	<p>13 9:30a: Pen Pal Letters- M3 10:15a: Bowling League – M3</p> <p></p> <p>1:30p: Sit N' Be Fit – M3</p> <p>2p: Happy Hour with Valentines Day treat – M3</p> <p></p> <p>WEAR PINK OR RED</p>	<p>14 9a: Sheepshead with Bob M3</p> <p>9:15a: Stretches w/ LE- M2</p> <p>10a: Resident Choice: Games- M2</p> <p>5p: Resident choice</p> <p></p>

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>15</p> <p>10a: Worship Service with Pastor Steve Channel: 955 Chapel</p> <p>11a: Polka, Polka, Polka Channel: CW14</p> 	<p>16</p> <p>HyVee Order</p> <p>9a-11a: Manicures & Men's Nail Care- M3</p> <p>1p: Drums- M3</p> <p>1:30p: Hymn Singalong- M3</p> <p>2p: Bible Study with Pastor Steve- M3</p> <p>2:30-3:30p: M3 Presidents Day Jeopardy</p> 	<p>17</p> <p>9a: Rosary with Bob- M2</p> <p>9:15a: Sheepshead with Bob- M3</p> <p>9:30a: Library Club -M2</p> <p>10:15a: Foodie Fun with LE: Brownie Pops-M1</p> <p>1:30p: Winter Olympic workout with LE- M2</p> <p>2p-3p: Chapel Marti Gras Party!</p>  <p>Performer: Allen Klein- Rock, Country & Blues</p>  <p>5:30p: Bunco - M2</p>	<p>18</p> <p>9a: Rosary in the Chapel</p> <p>9:30a: Ash Wednesday Catholic Mass in the Chapel</p> <p>10:15a: Guy Social with game -M1</p>  <p>1p: Sit N' Be Fit- M2</p> <p>2p: BINGO! - M2DR</p> 	<p>19</p> <p>9a: Sheepshead with Bob- M3</p> <p>9:30a: Coffee & Conversations -M3</p> <p>10a: Ash Wednesday Service with Pastor Steve Channel: 955/Chapel</p> <p>11:30am-1p: M2DR Luncheon Winter Blues Entertainer: Safe Sax</p>  <p>2:30-3:30p: Silly Sound off- M2</p> <p>5:30p: Shut the Box - M2</p>	<p>20</p> <p>9:30a: Current Events- M3</p> <p>10:15a: Bowling League - M3</p>  <p>1:30p: Sit N' Be Fit – M3</p> <p>2p: Happy Hour!! - M3</p> 	<p>21</p> <p>9a: Sheepshead with Bob M3</p> <p>9:15a: Chair Dancing w/ LE- M2</p> <p>10a: Decorate with Rhinestones - M2</p> <p>5p: Resident choice</p> 
<p>22</p> <p>10a: Worship Service with Pastor Steve Channel: 955 Chapel</p> <p>11a: Polka, Polka, Polka Channel: CW14</p>  <p>Winter Olympics Ends</p> 	<p>23</p> <p>9a-11a: Manicures & Men's Nail Care- M3</p> <p>1p: Creative Movement- M3 (Music, expression, and guided activity)</p> <p>1:45p: Hymn Singalong- M3</p> <p>2p: Bible Study with Pastor Steve- M3</p> <p>2:30-3:30p: M3 Reminiscing story: Soup Chicken Noodle Soup mix</p>  <p>*Enjoy a small cup of homemade Chicken Noodle Soup 😊</p>	<p>24</p> <p>9a: Stations of the Cross Video with Bob M2</p> <p>9:15a: Sheepshead with Bob- M3</p> <p>9:30a: Walking Club -M1</p> <p>10:15a: Resident Choice Game -M1</p> <p>1:30p: Chair Yoga with LE- M2</p> <p>2p-3p: Steve Sarokin- Clarinet Performance - M2DR</p> 	<p>25</p> <p>9a: Rosary in the Chapel</p> <p>9:30a: Catholic Mass in the Chapel</p> <p>10:15a: Abstact Painting- M3</p> <p>1p: Sit N' Be Fit- M2</p> <p>2p: BINGO! - M2DR</p> 	<p>26</p> <p>9a: Sheepshead with Bob- M3</p> <p>9:30a: Tea & Conversations - M3</p> <p>10a: Devotions with Pastor Steve Channel: 955/Chapel</p> <p>1:30p: Easy Stretches with LE- M3</p> <p>2-3:30p: Movie Matinee-M3 Popcorn & Candy His Girl Friday</p>  <p>5:30p: Left, Right, Center- M2</p>	<p>27</p> <p>9:30a: Book on Tape social- M3</p> <p>10:15a: Bowling League - M3</p>  <p>1:30p: Sit N' Be Fit – M3</p> <p>2p: Happy Hour!! - M3</p> 	<p>28</p> <p>9a: Sheepshead with Bob M3</p> <p>9:15a: Sing along- M2</p> <p>10a: Puzzles & Music- M2</p> <p>5p: Resident choice</p> 

All Activities and their location are subject to change.